Issue No. 2 November 2023



Wednesday Memorabilia

Some Recent Open Mic Highlights!

"Centuries of flotsam drifting in the aether / and my entire life tethered to an ember / blotted out by a raincloud" - *Hyder*

"The Teslas are sunning themselves like albino lizards" - Sramana

"I've been stranded from her / as a fish is from an island" - D. Donna

"My mind is an unfinished poem" - Paige S.

"What is a tunnel but a bridge to another entrance?" - *Ryan Phung*

"There is no word for the happiness of strangers" - Jade Kleiner

"I find that I am sometimes too accepting of mysteries" - *Eddy Martinez*

Katya Zinn's poem "Child Protective Services pays a visit to the Charmin Toilet Paper Bears"

Oliver's Poem "Rot Is A Natural Process Only So Long As It Does Not Affect Me"

"I am in love and it's an eyesore" - *Kat Anderson*

"But that even if my body is my house / I don't have to be home all the time." - Alex Kist

"99% of my poems are trying to kill my secrets" - *March Penn*



Bestantabernacle

THE OFFICIAL ZINE OF THE BOSTON POETRY SLAM AT THE CANTAB LOUNGE, FEATURING CONTENT BY OUR COMMUNITY MEMBERS. OUR WEEKLY SHOW HAPPENS EVERY WEDNESDAY NIGHT, STARTING AT 8 PM.



New Shit / Fresh Vegetables / Gorgeous Garlic

Crème Brûlée on a Rooftop in Seaport Amy Argentar [insta: @airplane_poems]

As you entered my tastebuds with the sickly-sweet vapidity of a republican fundraiser,

you made me hate you.

Extravagant and torched to imperfection, a blessing,

reminding me that bigger is not always better, that the thrill of breaking someone's shell can still lead to the most simple of disappointments, that nothing we create on this Earth can ever be as perfect as the picture, or the fire. And it is powerful to defy expectations in this way –

Sour when we have been told to be sweet

Unknown when we have been told to be familiar

When I cracked you open, I knew it was wrong -A folded-over math test of a dessert, you were wrong, dear crème brûlée. Is this your silent fractured rebellion? Should we all behave this way when we are told to be delicious? Poems From Open Mic Regulars

Of Magdalena Bread & Bike Rides Kat Gunther [insta: @katguntherdesign]

Magdalena bread— Guatemalan delicacy eaten mid bike ride. Air like a stolen moment, condensed, seized, and rapidly released.

Joy consumed by opening mouth, letting the great rush within, air being rapidly taken up in lungs and replaced. Sky took back its luster today, aching in its own true color.

I was never as young as I was today The concept is: an arrival.

There is no greater joy that Vorfreude. The Germans love structure, so obviously they would find a way to engineer a precise euphoria, one that can be lifted up, again, and again and be seen from every angle before actually consumed.

Vorfreude. The joy of anticipation. The green thrum of summer could not be ignored as the weeds reclaimed each cracked moment of pavement. And I was not bound to the endless passage: I was Vorfreude-ing.

 Writing Prompt Sam Chasamcha.info 1. Take a deep breath. Hold it. As you hold it, think about who you were a [year/decade/lifetime] ago. Remember being that person. Who were they? What did they feel like? What surrounded them? What music were they listening to? What pictures were hanging on their walls? What did they eat? Let it out. 2. What has changed? List 2-5 things that have changed. Either within you, or without. 3. Edit the list down to a single line. 4. Repeat, 14 times. 5. That's a 14 line draft of a poem, which means it's basically a sonnet. A sonnet about change, on the scale of a year, decade, or lifetime. 	Cryptid Alex Kist [insta: @alex.aimee.kist] I'm told I am inherently un thus, I've decided I am a mi the cornflower brimstone o the liquid fire in my ve crusted porcelain ski some haunted thing like angels or bedsheets unrecognizable after the first comin when I have landed from wingless flight upon too-wide feet and flexing limb some awkward, beautiful waiting for someone to guess	Innatural The left side is made August 9th, 2023. The BPS open mic of the BPS open mic	bael F. Gill [bbtp.net] le up of the first lines of poems from the BPS open mic on he right side is made up of the last lines of poems from
Anagrams Michael F. Gill [bbtp.net]	Haiku Exchange On 10/11/202	23, we had a 13-person haiku tournament at the	Boston Poetry Slam. Here are Haiku from our 2 finalists!
 Using the context clues, unscramble the capitalized letters at the end of each sentence to answer each whimsical question. Each answer is one or two words long, and enumerations for the answer are given in parentheses. Example: What poetic form invented by Terrance Hayes HELD OVEN LOGS? (6,6) Answer: Golden Shovel 1. What do you call the distinct aura that comes from POEM HATERS? (10) 2. In what U.S. city in the Mid-Atlantic would you find a RATMOBILE? (9) 3. What verbal competition provides an AMILE STOPY? (6,4) 	March Penn [insta: @pennmarch]To love is to buildan invisible castleand say you see itElevator sexAll the buttons glowas your moans quiver, great onso many levelsMillennial HaikuMidlife crisis?My whole life has been a crisis.There is no midpoint.Nonbinary shitA sweater dressed like	"I am life and death creation and destruction," declares the red eel. Kinds Of Orgasm Series Am I fidgeting or beginning to quiver Ambivalent warmth The one that gets hot with many tremoring rings and floats up like foam The one that squeezes from within, quakes a tight butt to scattered marbles The Tower Card- here I come all falling down, hard	"Not there" says Body Today I want my armpit full with finger fucks <i>Aparna Paul</i> sorry i don't have a dirty haiku some of us get laid instead sometimes i worry that's the whole thing i have anxiety the introspection beauty of the cinema <i>Minions: Rise of Gru</i> a broken window: what destruction. what chill. but
 AMPLE STORY? (6,4) 4. What Beatles song could be played at a PRIDE PARTY? (3, 7) 5. What poetic form sneaks up to you from the left and right and gives you a NOCTURNAL TAP? (12) 	a patterned sock, dick pics of strap-ons, one earring 2 Period Haiku A red eel slips out from between my legs, swims through bath water ALIVE	T come an family down, hard cry, tears of rubble The one that sprints and stops to chat, hovering over "almost" then BAM I start like a trunk lightning BOOM and then I go into many rooms	it lets the light in after March Penn Mardi Gras: I lost my goddamn mind but i found the king cake baby [CONTINUED]

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THE CANTABERNACLE: THE OFFICIAL ZINE OF THE BOSTON POETRY SLAM AT THE CANTAB LOUNGE.

Haiku Exchange

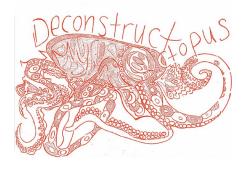
Penncils

Illustrator: March Penn [insta: @pennmarch]

Writer: Michael F. Gill

Deconstructing the idea of the

octopus: Where do the tentacles begin and end? How many circles of thought do we all contain? Oh, the multiplicity of bodies within ourselves! I can't count all the sea creatures I could be, but I'll rorschach my existence for art, for the sake of infinity.



The Athletic Octopus: Humans don't realize how easy it is to go to the gym with fewer than five limbs. Do you know how long it takes to develop eight biceps equally? Think about how many socks I need to buy when I want to wear shoes! Or how many weights I need to pick up and put down for a single deadlift!

This life just isn't made for a musclebound socktopus like me.



after Hallie

not all beautiful things belong to me. not that crunchwrap supreme. yet.

i can have it all! all: mental breakdown in the taco bell bathroom

october 1st

awoke this morning September fucking ended it's still a Green Day

two haiku after women in my family #1

i talk to myself i don't kill myself. i'm my own Scheherazade.

[CONTINUED: the Haiku of Aparna Paul]

#2 haiku after my mother on the day before her 60th birthday

not that i would shoot myself then no one would get the life insurance

the cat Toota considers the roof

she thinks she can get up there, if she jumps high enough. idiot cat

on having diarrhea in the penn station moynihan train hall

it's not poetic not everything needs to be memorialized

Tarot Horoscope

Tips from the Tarot for deepening your relationships this fall from March Penn [@pennmarch]

Aries: (Devil Card & Nine of Pentacles) You've worked hard to gather your desires together and find the patterns in them. Now you can sit back and find the ease of expression. Delight in your abundance, for this is your moment to feel the deep connection that exists in structures you've already created.

Sagittarius: (Seven of Pentacles & Reversed Six of Pentacles) This is a grounded season for you where your ability to support others will deepen your community. Be careful of sneaky hierarchies that threaten to undercut intimacy. It's okay to be lazy and talk about what you've already accomplished.

Leo: (Devil Card & Nine of Pentacles) The tarot offers you the same cards as Aries so be sure to check out that reading. However, note that for Leo, the Devil card in this reading also serves as a warning that people may try to influence you without it being clear why. The spirit of October may twist up your soul but it brings a whole harvest of dramatic energies your way.

Taurus: (Reversed King of Pentacles & Queen of Cups) Although your home environment is important for relationship building, consider also the ways that stability undercuts authenticity. How can you learn from things that are inherently unstable without losing your footing?

Virgo: (Page of Pentacles & Wheel of Fortune) Peeling back the layers of your life where you seek control will expose a unique wall underneath. The barriers to connection that you hold are hard to reach but you can get there this fall with a fresh perspective as everything changes around you.

Capricorn: (King of Swords & Reversed Justice): Your relationships deepen as you fight for the rights of your friends to come together. You make important decisions that help others stand up for themselves. You're deep in the struggle and need to connect with other signs to take a break before you become overly fatigued.

Gemini: (Five of Pentacles & Judgement) Fall is a time of inwardness when you think about times in your life when you've struggled. Your depth comes from selfawareness creating curiosity in the minds of others. Let yourself be known this fall!

Libra: (High Priestess & Nine of Wands) Fall is a good time to unleash your analytical skills on the behaviors of others. You provide insight, even bizarre observations, that make others curious about you. Aquarius: (Reversed Justice & Wheel of Fortune) Your connection with others is deeply intuitive. Let yourself fall into conversations. Paying attention to your dreams/nightmares will be an important topic this season.

Cancer: (Reversed Seven of Pentacles & Reversed Temperance) Let yourself be impatient and feel the relationship between impatience and desire. You are emerging and shouldn't have to be bound to balance.

Scorpio: (Hermit & Seven of Pentacles) This is your season, Scorpio, so let you delight in your own energy. You have a mesmerizing effect and are the shiny aura that people need when dealing with difficult stuff.

Pisces: (Six of Swords & The Fool) This season may remind you of loss and major life transitions. Use the moodiness to see your connections from a new perspective. This time of year is like a new year for you as you embark on journeys with others.

Rejected Cantab Theme nights

Poetography & Comics

By The Cantab Staff [...but mainly Jimmy and Michaell

Gong Show Night: A gong is struck when poems on the open mic go over 3 minutes. If the poem continues, the open mic-er will be haunted by a human dressed up in a clock costume that says "4 minutes" on it. Also: for every minute the featured poet goes over time, we deduct \$5 from their pay.

Weight List Night: Poet weightlifters lift weights at certain times during the open mic, and underneath those weights are the names of people on the weight/waitlist. Each spot on the weight/waitlist is labeled with the percentage of a successful deadlift for that weight amount. People on the weight/waitlist continue to read until a failed lift happens.

Contrapuntal Group Piece Night:

Everyone does a group piece contrapuntal, with one person/ group reading the left side, the other person/group doing the right side, and everyone doing the combined part in unison.

YouTube Apology Slam: Poems

must be read off a phone note. It must begin with a deep sigh, and then "Hey guys...I never thought I'd have to write this poem." Score is based on how much the apology would make in ad revenue. There will be a representative from Hello Fresh in the audience that will rank each poem on how willing they'd be to sponsor it.

Submit to the Cantabernacle! Guidelines: 1) Your submission is not too long 2) You frequent our Wednesday night show.

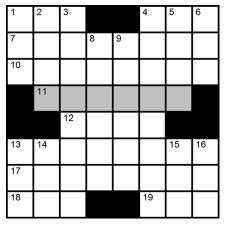
Send submissions of your work to: michael@bostonpoetryslam.com.



This Poem Will Self Destruct Before It Is Read

Michael F. Gill [bbtp.net]

In this exhibit, the artist wants to bring us face to face with our own disposable consumerism by letting us view an impossible artifact: a piece of art that has been destroyed before it even exists.



Proletariat Pleasures | M-ZILLA





Mom's Spaghetti Kat Anderson [insta: @blue razzz] After Eminem 5/18/23

Crossword

Ben Tolkin [nautiluspuz.com] Clues:

Across

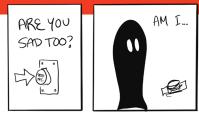
- 1. Moines
- 4. "Dang!" classically
- 7. Kitchen flippers 10. Dull
- 11. Soda opener
- 12. Chimney coating
- 13. Refrains
- 17. "We're out of here!"
- 18. Period
- 19. Cage, familiarly

Down

- 1. Summer hours, for short
- 2. Legendary
- 3. Florida city in the Gulf Coast
- 4. Continues unbothered, like Modest Mouse
- 5. Common foot
- 6. Language ender
- 8. Mid-ranges
- 9. Major series of readings
- 13. Cavs. on scoreboards
- 14. 2013 film with a virtual assistant voiced by
- Scarlett Johansson
- 15. "Ugly" actor Wallach
- 16. Utah capital, for short

"Aaah! Bakunin! You're home early"







The Cantabernacle is put together by the staff at the Boston Poetry Slam. It is edited and compiled by Michael F. Gill, with graphic design and layout by Kat Gunther. All work is the copyright of the authors. Past issues are on our website, including answers to the puzzles.